

# Survival Preparedness

Are you ready?

Need for survival — power and water  
outages, food shortage, truck strikes,  
empty grocery shelves  
weather: freezes, storms, etc.,  
invasion, martial law, tribulation, war,  
riots and looting, zombies

As Michael explained...we could have to survive through ...

consider the border crisis burgeoning this way —

## Survival Preparedness

**Shelter**

**Food**

**Water**

**Fuel**

**Transportation**

**Communication**

**Medicine / First Aid**

**Defense**

We're going to talk about...

## SHELTER

→ **Shelter**  
**Food**  
**Water**  
**Fuel**

Is it a Safe space?

Can you keep warm?

Can you defend it?

Are you willing to share it?

Do you know other places where you  
could go if the need arises?

We all have shelter now. Consider: safe space, warmth (fireplace, blankets...) — what about with no electricity? or gas?



## FOOD

✓ **Shelter**  
➔ **Food**  
**Water**  
**Fuel**

dry goods — flour, sugar,  
salt, beans, rice, grains

canned — proteins (fish,  
meat), tomatoes, soups,  
veggies

dried fruit

Fill your freezer. With a generator you can  
keep it running. If it goes out, cook fast.

5 gallon food quality buckets for flour, rice, beans, etc. — oxygen absorbers

Cereal

Get the freezer cold with the generator, then use the generator for other things. Alternate.

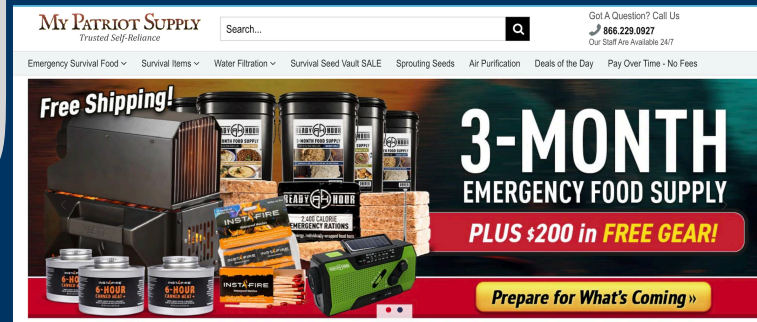
If your food thaws — start cooking it to store another way.

## FOOD

✓ Shelter  
➔ Food  
Water  
Fuel

[mypatriotsupply.com](http://mypatriotsupply.com)

[heavensharvest.com](http://heavensharvest.com)



You can buy prepared meals for individuals or a family.  
Keeps for “25 years” although I’m not sure how they tested that.

**FOOD**

*Grow your own!*



Garden

Get chickens, ducks,  
geese, cows, pigs, etc.

Freeze and Can



Anyone interested in canning with me — I can supply the canners. You supply the jars and food.  
My place or yours

## WATER

✓ **Shelter**  
✓ **Food**  
➔ **Water**  
**Fuel**

- a well / filtration system
- store water for flushing, bathing, etc.
- rainwater collection system
- purification methods — tablets
- solar purification— Six hours of sun purifies water in glass. Filter out mud with cloth (muslin)
- stock up on bottled water

Every time I empty a bottle of juice or tea, I fill it with water and date it. For washing and flushing, it will last for years.  
Save your glass jars and bottles.

✓ Shelter

✓ Food

✓ Water

→ Fuel

FUEL

- batteries (AA, AAA, C, D, 12 v.)
- generator
- gasoline, propane
- solar
- wind
- charcoal, lighter fluid
- firewood
- matches, striker

Fire extinguishers

Farraday cages

Keep your batteries in the freezer. Separate them so they don't touch. Don't put lithium batteries in the freezer.

Ask ... for info on lithium and solar batteries (from Andrew's presentation in February)

and wind power.

Date your gas storage cans and use / refill every year. Add Stab-bil to each can of gas. Gas with ethanol may not last more than 6 mos.

Solar chargers, lights, SHOW MINE — flashlight (with striker) — rechargeable — Fighter Flare

If you rely on your browser bookmarks or the cloud to store the information you want to reference and your banking documents and pictures, you need to download it all to your harddrive so you can access it if the internet goes down. Don't forget to back-up all your info onto external harddrives (SHOW) so you aren't relying on the internet. Books are also good. SHOW

Farraday cages — old microwave / refrigerator / safe / aluminum foil (4x thick) box

## TRANSPORTATION

- ✓ Shelter
- ✓ Food
- ✓ Water
- ✓ Fuel



- ➔ Transportation
- Communication
- Medicine / First Aid
- Defense

Transportation — consider what you will do if an EMP strike takes out the chips in our cars. Options: a car older than 1980, bicycle, protect your car (\$600 device that attaches to your battery to divert any EMP)

My son has a 1964 Falcon I plan to count on.

## COMMUNICATION

- ✓ Shelter
- ✓ Food
- ✓ Water
- ✓ Fuel

- ✓ Transportation
- ➔ Communication
- Medicine / First Aid
- Defense



We're all ahead of the game here: ham / CB radio  
Satellite phone — show mine

## Medicine / First Aid

- ✓ Shelter
- ✓ Food
- ✓ Water
- ✓ Fuel



- ✓ Transportation
- ✓ Communication
- ➔ Medicine / First Aid
- Defense

[alldaychemist.com](http://alldaychemist.com)

cloth, hydrogen peroxide, vinegar,  
baking soda, salt, cotton balls,  
alcohol, bandages, bandaids, tape,  
gauze rolls, elastic roll

I've listed some things you should have on hand.

Medicine and First aid SHOW KIT —

There are great books on herbal cures (SHOW books) [also pdf books]

You can stock up on meds — esp. for on-going conditions like diabetes — mail order prescriptions — website: [alldaychemist.com](http://alldaychemist.com)

[if they ask for a prescription or who your doctor is — just skip it and move on]



**DEFENSE**

✓ **Shelter**

✓ **Food**

✓ **Water**

✓ **Fuel**



✓ **Transportation**

✓ **Communication**

✓ **Medicine / First Aid**

➔ **Defense**





Defense — guns, ammo  
bow and arrow  
stun gun SHOW  
safe  
underground shelter

machete  
pepper spray SHOW

self-defense whistle SHOW

## Survival Preparedness

- ✓ **Shelter**
- ✓ **Food**
- ✓ **Water**
- ✓ **Fuel**

- ✓ **Transportation**
- ✓ **Communication**
- ✓ **Medicine / First Aid**
- ✓ **Defense**

What if you have to “bug out”?

We've talked about shelter...  
but...

## BUGGING OUT

What is bugging out? — getting away to a safe place

Do you have a destination to bug-out to?

Pack a bug-out bag or tote: — clothes, food, flashlights, batteries, blanket, etc.

Think about the possibility of needing to be mobile — in transit — being nomadic.

## What if you have to “bug out”?

I have friends in DFW who plan to bug-out to my house and woods if they can get here.  
Have a bug-out bag in your car.

## How easily can “they” find you?

Be aware of apps and websites that spy on you and harvest your information: Google, Facebook, Instagram, Twitter, Telegram, Tik Tok...

Be careful on all apps. Don't use your real name. Don't give out your email except in private messages.

There are feds behind every bush.

[Please don't register your garden with the government!]

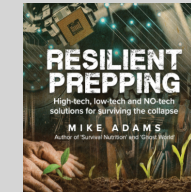
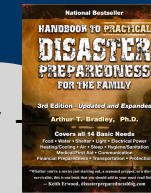
## Protect your privacy!

If our nation goes sour, we may find ourselves to be targets simply because we do such things as grow our own food, promote food storage, own weapons, use ham radios, — any number of things that we do might be considered offensive to those who would like to control us.

Do your own research about the spying and data collection of these apps.

## RESOURCES

- Handbook to Practical Disaster Preparedness for the Family (pdf) <https://disasterpreparer.com/>
- Natural News Mike Adams [naturalnews.com](http://naturalnews.com) audio books and pdfs:
- Resilient Prepping — Audio book (download)
- The Global Reset Survival Guide
- Survival Nutrition
- <https://heyzine.com/flip-book/2efdf6631e.html>
- Alive After the Fall pdf



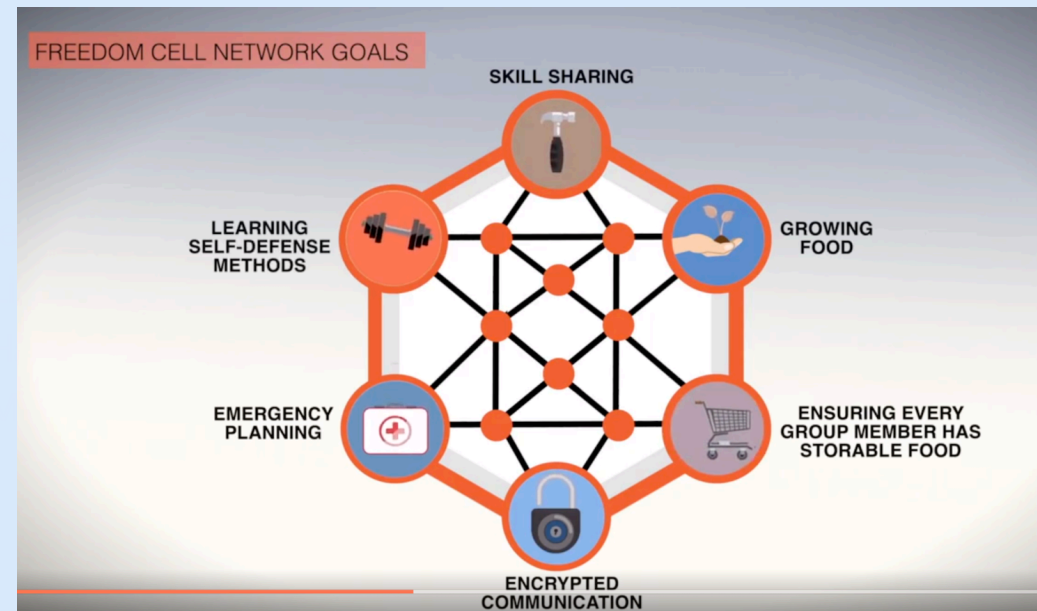
Share my resources folder.  
Turn on mirroring.  
Swipe to the right.

# Freedom Cells

Survival Preparedness

Now I'd like to talk a little bit about freedom cells

# What are Freedom Cells?



Groups of up to 8 people that work together to share skills, grow and store up food, plan and get ready. As more groups get started, they work together to organize into larger groups.

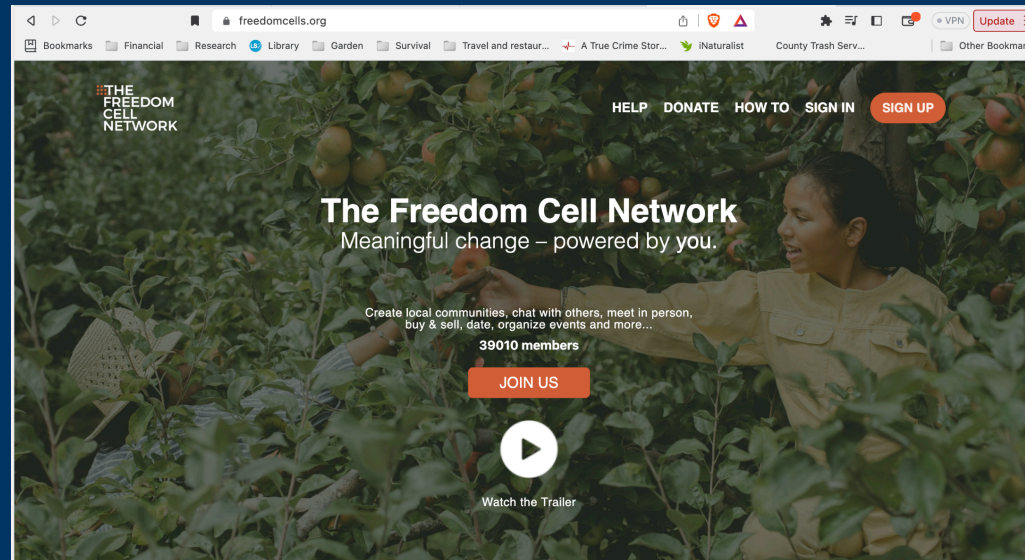
Eventually build supporting alternatives such as food networks, health services, mutual defense, communication, etc. with the possibility of disconnecting from state institutions that may restrict our freedoms.

There is an element of activism in peaceful resistance and creating alternative systems to those which may become restrictive to our freedoms. Activist support network

# Freedom Cells

Survival Preparedness

[freedomcells.org](https://freedomcells.org)



At [freedomcells.org](https://freedomcells.org) you can learn more about the movement. The trailer takes less than 2 minutes.

Need for survival — power and water outages, food shortage, truck strikes, empty grocery shelves, weather: freezes, storms, etc., invasion, martial law, tribulation, war, riots and looting, zombies

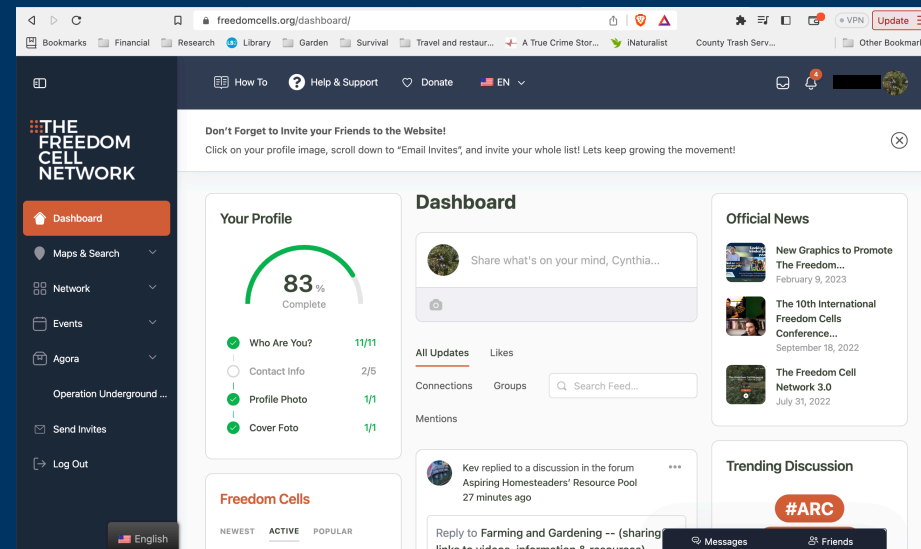
Show and tell: solar phone charger, solar flashlight, solar camp light, battery tent lantern,



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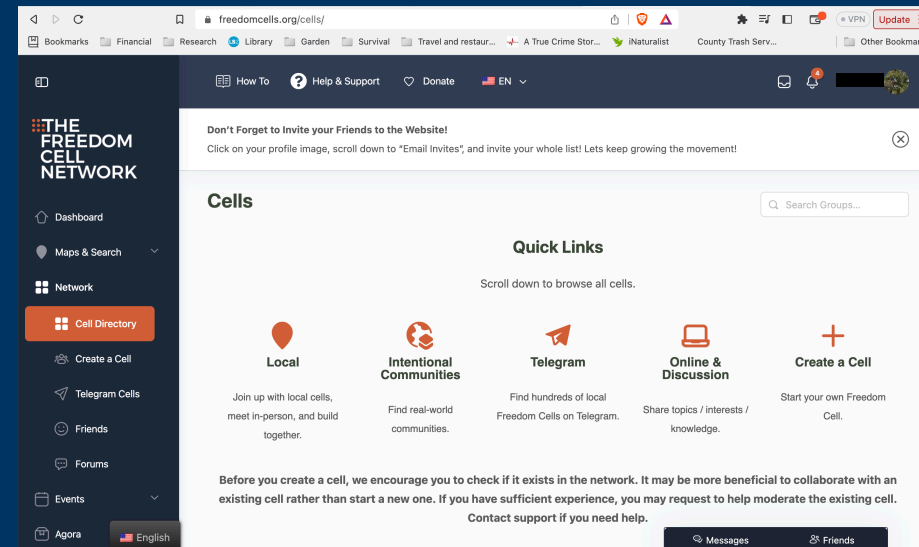


On your dashboard you can read discussion threads, connect with others and view or join freedom cells.

# Freedom Cells

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[freedomcells.org](https://freedomcells.org)

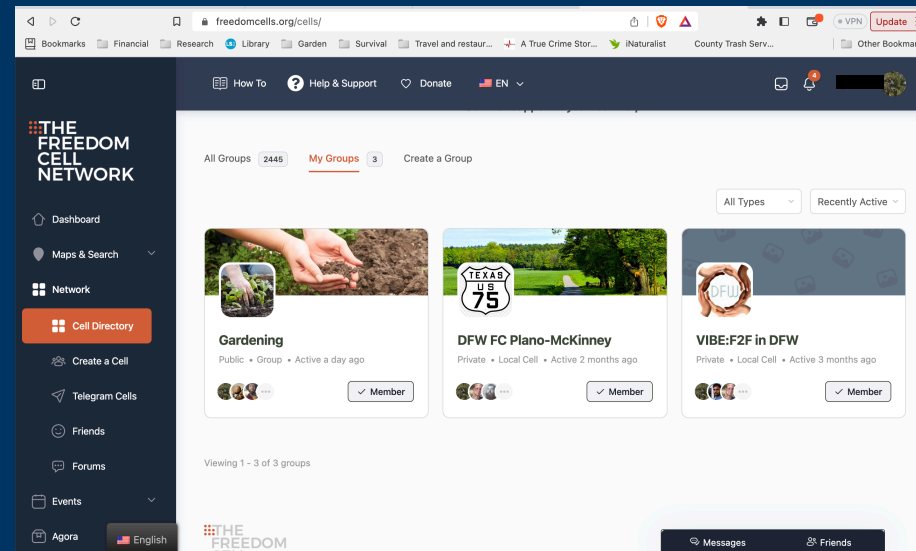


Clicking on Cell Directory takes you to some quick links — find local cells and intentional communities. Telegram has a lot of freedom cells and discussions.

# Freedom Cells

Survival Preparedness

[freedomcells.org](https://freedomcells.org)



Scroll down to Groups and you can click on All, My Groups, or Create a Group.

Groups are different from cells — they can be small or worldwide like the Gardening group I joined.

VIBE — voluntaryists Intent on Building and Exiting

Voluntaryism: when people engage in mutually beneficial voluntary relationships. When we relate to one another in a way that's peaceful, non-coercive, and support one another without guns or the threat of guns.

vs. statism: — the idea that we need a government — some centralized coercive authority in order to coexist.

## First steps in working together

1. Meet together to become acquainted
2. Determine strengths — who has what skills and resources?
3. Plan your growth —
  - a. help each other
  - b. stock up
  - c. learn skills
4. Visit other cells
  - e.g. DFW FC Plano-McKinney — meets for lunch every 1st and 3rd Friday
  - VIBE:F2F in DFW

That's the webpage but we can get started without connecting to the movement itself.

We need to take ... [first steps ...]. LAST SLIDE

END OF PRESENTATION

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